

|    |             |    | アリーナ        |                   |     | ランニング<br>コースの使<br>用 | 講 堂 | 研修室             |    |     |  |   |  |   |  |  |  |
|----|-------------|----|-------------|-------------------|-----|---------------------|-----|-----------------|----|-----|--|---|--|---|--|--|--|
|    |             |    | A 面         | B 面               | C 面 |                     |     | I               | II | III |  |   |  |   |  |  |  |
| 1  | 火           | 午前 | 08:00-11:00 | 中体連全道バドミントン大会(全面) |     |                     | ×   | 中体連全道バドミントン大会   |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 2  | 水           | 午前 | 08:00-11:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 3  | 木           | 午前 | 08:00-11:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 4  | 金           | 午前 | 08:00-11:00 |                   |     |                     | ○   |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   | ×   |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 5  | 土           | 午前 | 08:00-11:00 | 北見市役所バレーボール大会(全面) |     |                     | ×   | 北見市役所バレーボール大会   |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 6  | 日           | 午前 | 08:00-11:00 |                   |     |                     |     |                 |    |     |  |   |  | × |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  | ○ |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 7  | 月           | 午前 | 08:00-11:00 | 休 館 日             |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 8  | 火           | 午前 | 09:00-11:00 | スポーツ協会(シニア教室)     |     |                     | ×   |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 | 高校生バレーボール講習会      |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 9  | 水           | 午前 | 09:00-11:00 | アリーナ事業(バレーボール講習会) |     |                     | ×   | スポーツ合宿<br>実行委員会 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 10 | 木           | 午前 | 09:00-11:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 11 | 金           | 午前 | 09:00-11:00 |                   |     |                     | ×   |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 11:00-13:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             | 午後 | 13:00-15:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    |             |    | 15:00-17:00 |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
| 夜間 | 17:00-19:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |
|    | 19:00-21:00 |    |             |                   |     |                     |     |                 |    |     |  |   |  |   |  |  |  |

|      |             |             | アリーナ              |     |     | ランニング<br>コースの使<br>用 | 講 堂          | 研修室 |    |             |  |  |   |  |  |  |
|------|-------------|-------------|-------------------|-----|-----|---------------------|--------------|-----|----|-------------|--|--|---|--|--|--|
|      |             |             | A 面               | B 面 | C 面 |                     |              | I   | II | III         |  |  |   |  |  |  |
| 12 土 | 午前          | 09:00-11:00 | アリーナ事業(バレーボール講習会) |     |     | ×                   |              |     |    |             |  |  |   |  |  |  |
|      |             | 11:00-13:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 午後          | 13:00-15:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      |             | 15:00-17:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 夜間   | 17:00-19:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 19:00-21:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 13 日 | 午前          | 09:00-11:00 |                   |     |     |                     | 高校生バレーボール講習会 |     |    | ×           |  |  |   |  |  |  |
|      |             | 11:00-13:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 午後          | 13:00-15:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      |             | 15:00-17:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 夜間   | 17:00-19:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 19:00-21:00 |             |                   | ○   |     |                     |              |     |    |             |  |  |   |  |  |  |
| 14 月 | 午前          | 09:00-11:00 | 休 館 日             |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      |             | 11:00-13:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 午後          | 13:00-15:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      |             | 15:00-17:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 夜間   | 17:00-19:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 19:00-21:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 15 火 | 午前          | 09:00-11:00 |                   |     |     |                     |              |     |    | 全日本トランポリン合宿 |  |  | × |  |  |  |
|      |             | 11:00-13:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 午後          | 13:00-15:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      |             | 15:00-17:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 夜間   | 17:00-19:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 19:00-21:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 16 水 | 午前          | 09:00-11:00 | 全日本トランポリン合宿       |     |     | ×                   |              |     |    |             |  |  |   |  |  |  |
|      |             | 11:00-13:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 午後          | 13:00-15:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      |             | 15:00-17:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 夜間   | 17:00-19:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 19:00-21:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 17 木 | 午前          | 09:00-11:00 |                   |     |     |                     | 全日本トランポリン合宿  |     |    | ×           |  |  |   |  |  |  |
|      |             | 11:00-13:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 午後          | 13:00-15:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      |             | 15:00-17:00 |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
| 夜間   | 17:00-19:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |
|      | 19:00-21:00 |             |                   |     |     |                     |              |     |    |             |  |  |   |  |  |  |

|             |     |    |             |                     |                     |   |  |  |  |  |  |
|-------------|-----|----|-------------|---------------------|---------------------|---|--|--|--|--|--|
| 18          | 金   | 午前 | 09:00-11:00 | 全日本インカレトランポリン大会(全面) | ×                   |   |  |  |  |  |  |
|             |     |    | 11:00-13:00 |                     |                     |   |  |  |  |  |  |
|             |     | 午後 | 13:00-15:00 |                     |                     |   |  |  |  |  |  |
|             |     |    | 15:00-17:00 |                     |                     |   |  |  |  |  |  |
|             |     | 夜間 | 17:00-19:00 |                     |                     |   |  |  |  |  |  |
| 19:00-21:00 |     |    |             |                     |                     |   |  |  |  |  |  |
| 19          | 土   | 午前 | 08:00-11:00 |                     | 全日本インカレトランポリン大会(全面) | × |  |  |  |  |  |
|             |     |    | 11:00-13:00 |                     |                     |   |  |  |  |  |  |
|             |     | 午後 | 13:00-15:00 |                     |                     |   |  |  |  |  |  |
|             |     |    | 15:00-17:00 |                     |                     |   |  |  |  |  |  |
|             |     | 夜間 | 17:00-19:00 |                     |                     |   |  |  |  |  |  |
| 19:00-21:00 |     |    |             |                     |                     |   |  |  |  |  |  |
| 20          | 日   | 午前 | 08:00-11:00 | 全日本インカレトランポリン大会(全面) |                     | × |  |  |  |  |  |
|             |     |    | 11:00-13:00 |                     |                     |   |  |  |  |  |  |
|             |     | 午後 | 13:00-15:00 |                     |                     |   |  |  |  |  |  |
|             |     |    | 15:00-17:00 |                     |                     |   |  |  |  |  |  |
|             |     | 夜間 | 17:00-19:00 |                     |                     |   |  |  |  |  |  |
| 19:00-21:00 |     |    |             |                     |                     |   |  |  |  |  |  |
| 21          | 月   | 午前 | 09:00-11:00 |                     | 休 館 日               |   |  |  |  |  |  |
|             |     |    | 11:00-13:00 |                     |                     |   |  |  |  |  |  |
|             |     | 午後 | 13:00-15:00 |                     |                     |   |  |  |  |  |  |
|             |     |    | 15:00-17:00 |                     |                     |   |  |  |  |  |  |
|             |     | 夜間 | 17:00-19:00 |                     |                     |   |  |  |  |  |  |
| 19:00-21:00 |     |    |             |                     |                     |   |  |  |  |  |  |
| 22          | 火   | 午前 | 09:00-11:00 | スポーツ協会(シニア教室)       |                     | ○ |  |  |  |  |  |
|             |     |    | 11:00-13:00 |                     |                     |   |  |  |  |  |  |
|             |     | 午後 | 13:00-15:00 | 北見市スポーツ合宿実行委員会      |                     | × |  |  |  |  |  |
|             |     |    | 15:00-17:00 |                     |                     |   |  |  |  |  |  |
|             |     | 夜間 | 17:00-19:00 | 北見ジュニア体操            | Jrアスリートチャレンジ        |   |  |  |  |  |  |
| 19:00-21:00 | クラブ |    |             |                     |                     |   |  |  |  |  |  |

|    |   | ア リ ー ナ     |                     |                     | ランニング<br>コースの使<br>用 | 講 堂 | 研修室 |                    |                |                    |
|----|---|-------------|---------------------|---------------------|---------------------|-----|-----|--------------------|----------------|--------------------|
|    |   | A 面         | B 面                 | C 面                 |                     |     | I   | II                 | III            |                    |
| 23 | 水 | 午前          | 09:00-11:00         | 北見市スポーツ合宿実行委員会      |                     |     | ✕   | 北見市スポーツ<br>合宿実行委員会 | 北見市スポーツ合宿実行委員会 | 北見市スポーツ<br>合宿実行委員会 |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 |                     |                     |                     |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 24 | 木 | 午前          | 08:00-11:00         | 北見市スポーツ合宿実行委員会      |                     |     | ○   |                    |                |                    |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 | Jrアスリートチャレンジ        | トランポリンクラブ<br>KITAMI | ✕                   |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 25 | 金 | 午前          | 08:00-11:00         | 北見市スポーツ合宿実行委員会      |                     |     | ✕   | 北見市スポーツ<br>合宿実行委員会 | 北見市スポーツ合宿実行委員会 | 北見市スポーツ<br>合宿実行委員会 |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 |                     |                     |                     |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 26 | 土 | 午前          | 09:00-11:00         | Jrアスリートチャレンジ(全面)    |                     |     | ✕   |                    |                |                    |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 |                     |                     | ○                   |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 27 | 日 | 午前          | 09:00-11:00         | Jrアスリートチャレンジ(全面)    |                     |     | ✕   |                    |                |                    |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 |                     |                     | ○                   |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 28 | 月 | 午前          | 09:00-11:00         | 休 館 日               |                     |     |     |                    |                |                    |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 |                     |                     |                     |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 29 | 火 | 午前          | 09:00-11:00         | スポーツ協会(シニア教室)       |                     |     | ○   |                    |                |                    |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 | 北見ジュニア体操<br>クラブ     |                     |                     |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 30 | 水 | 午前          | 09:00-11:00         |                     |                     |     | ○   | 北見労働基準協会           |                |                    |
|    |   |             | 11:00-13:00         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:00         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:00         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:00 | トランポリンクラブ<br>KITAMI |                     |                     |     |     |                    |                |                    |
|    |   | 19:00-21:00 |                     |                     |                     |     |     |                    |                |                    |
| 31 | 木 | 午前          | 09:00-11:01         |                     |                     |     | ○   |                    |                |                    |
|    |   |             | 11:00-13:01         |                     |                     |     |     |                    |                |                    |
|    |   | 午後          | 13:00-15:01         |                     |                     |     |     |                    |                |                    |
|    |   | 夜間          | 15:00-17:01         |                     |                     |     |     |                    |                |                    |
|    |   | 17:00-19:01 | トランポリンクラブ<br>KITAMI |                     |                     |     |     |                    |                |                    |
|    |   | 19:00-21:01 |                     |                     |                     |     |     |                    |                |                    |

※ 予定されている行事は、変更または中止されることがありますので、あらかじめご了承ください。